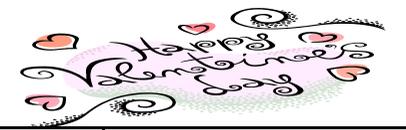




Complete Care at Clark

FEBRUARY 2026- RECREATION CALENDAR - 1st , 2nd & 3rd FLOOR



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Wear Red on Fridays in February! American Heart Month! Winter Olympics! Black History Month! Friendship Month! Therapeutic Recreation Month!</i></p>		<p><u>KEY</u> (1) – 1st Floor (2) – 2nd Floor (3) – 3rd Floor (Rec. Rm.) – 3rd Floor Recreation Room Susan Masterson, CTRS Director of Recreation; Ext 123</p>	<p>NATIONAL WEAR RED DAY-February 6th !</p> 	<p><i>Resident Right: The Right to be informed of services available, prior to or upon admission, in the facility and related charges for such services.*</i></p>		<p>**Survey Results Available in lobby by elevator, in reception room and in the recreation office**</p>
<p>1 10:15 Coffee Cart 10:45 Sunday Exercise 2:00 Sunday Bingo 3:00 Residents' Choice</p>  	<p>2 10:15 Coffee Time 10:45 Gentle Stretch 2:00 Dominoes 2:00 <u>Monday Bingo-Second Floor</u> 3:00 Mahjong</p>	<p>3 10:15 Coffee Cart 10:45 Workout to Music 2:00 Prize Bingo 2:00 <u>Pretty Nails-Second Floor</u> 3:00 Social Hour 6:00 Residents 'Choice</p>	<p>4 10:15 Coffee & Chat 10:45 Trishercise 2:00 Hearts Across America Valentine Cards 2:00 <u>Table Talk Second Floor</u> 3:00 Table Game</p>	<p>5 10:15 Coffee Time 10:45 Wiggle & Stretch 2:00 Pretty Nails/Sensory 2:00 <u>Puzzles- Second Floor</u> 3:00 Music & Chat 6:00 Thursday Bingo</p>	<p>6 10:15 Rosary 10:45 Coffee Social 2:00 Black History Movie 3:00 Snack Time  <i>Wear Red on Fridays American Heart Month!</i></p> 	<p>7 10:15 Coffee Time 10:45 Sittercise 2:00 Pokeno 3:00 Comedy Hour</p>
<p>8 10:15 Coffee Cart 10:45 Sunday Exercise 2:00 <u>Super Bowl Social</u> 3:00 Football Toss SUPER BOWL LX</p> 	<p>9 10:15 Coffee Time 10:45 Gentle Stretch 2:00 Trouble 2:00 <u>Creative Coloring - Second Floor</u> 3:00 Uno Game</p>	<p>10 10:15 Coffee Cart 10:45 Workout to Music 2:00 Shut the Box/Sensory 2:00 <u>Pokeno-Second Floor</u> 3:00 Trivia Time 6:00 Poker Night</p>	<p>11 10:15 Coffee & Chat 10:30 Food & Menu Planning Meeting with Sharon 2:00 Prize Bingo 2:00 <u>Arts & Crafts-Second Floor</u> 3:00 I Love Lucy</p>	<p>12 10:15 Coffee Time 10:45 Wiggle & Stretch 2:00 John Adisano Sings 3:00 Pokeno 6:00 Thursday Bingo</p> 	<p>13 10:15 Rosary 10:45 Coffee Social 2:00 Afternoon Matinee 3:00 Afternoon Snack <i>Wear Red on Fridays in February For American Heart Month!</i></p> 	<p>14 10:15 Coffee Time 10:45 Sittercise 2:00 Valentine's Day Social -Pizza Party 3:00 Chocolate Treats</p>
<p>15 10:15 Coffee Cart 10:45 Sunday Exercise 2:00 Sunday Bingo 3:00 Table Games</p>  	<p>16 10:15 Coffee Time 10:45 Gentle Stretch 2:00 Dominoes 2:00 <u>Bingo - Second Floor</u> 3:00 Residents' Choice AVON IN LOBBY PRESIDENTS' DAY</p>	<p>17 10:15 Coffee Cart 10:45 Workout to Music 2:00 Mardi Gras Craft 2:00 <u>Mardi Gras Craft- Second Fl</u> 6:00 Tuesday Bingo RON'S SHEETS /CHINESE NEW YEAR-Year of the Horse RAMADAN BEGINS</p>	<p>18 10:15 Coffee Cart 10:45 Jazzercise 2:00 Prize Bingo 2:00 <u>Adult Coloring -Second Floor</u> 3:00 Word Search ASH WEDNESDAY-Ashes provided room to room. TBA</p>	<p>19 10:15 Coffee Time 10:45 Wiggle & Stretch 2:00 Dominoes /Sensory 2:00 <u>Pokeno- Second Floor</u> 3:00 Music & Chat 6:00 Thursday Bingo</p> 	<p>20 10:15 Coffee Time 10:30 Support Group Group with Social Services 2:00 Catholic Mass with St. Helen's Church</p> 	<p>21 10:15 Coffee Time 10:45 Sittercise 2:00 Matinee Hour 3:00 Snack Time</p>
<p>22 10:15 Coffee Cart 10:45 Sunday Exercise 2:00 Sunday Bingo 3:00 Active Games</p> 	<p>23 10:15 Coffee Time 10:45 Gentle Stretch 2:00 Super Quiz 2:00 <u>Pokeno-Second Floor</u> 3:00 Scrabble</p>	<p>24 10:15 Coffee Cart & 10:45 Workout to Music 2:00 February Birthday Social  3:00 Gameshow Network 6:00 Poker Night</p>	<p>25 10:15 Coffee Cart 10:45 Jazzercise 2:00 Prize Bingo 2:00 <u>Craft Hour-Second Floor</u> 3:00 Comedy Hour</p>	<p>26 10:15 Coffee Time 10:45 Wiggle & Stretch 2:00 Resident Council 2:00 <u>Chance-Pet Therapy</u> 2:00 <u>Nails Hour -Second Floor</u> 3:00 Gameshow Network 6:00 Thursday Pokeno</p> 	<p>27 10:15 Rosary 10:45 Coffee Social 2:00 Magnet Game 3:00 Table Games</p>	<p>28 10:15 Coffee Time 10:45 Sittercise 2:00 Pokeno 3:00 Reminiscing Corner</p>

ALL ACTIVITIES ARE SUBJECT TO CHANGE